

# **PHOS CAMDEN NETBALL CLUB**

## **PARENT/PLAYER HANDBOOK**

**This booklet contains important information for both players and parents/caregivers about our expectations of members. All members of the Club are asked to comply with the rules as contained in this Handbook, including such amendments which may be made from time to time by the Committee**

**Failure to comply with the standards set down by the Club can result in expulsion from our Club**

### **CLUBROOM & COURTS (HOME & TRAINING)**

Golflands Reserve  
Mattner Avenue  
Glenelg North

# PHOS CAMDEN NETBALL CLUB

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# **PHOS CAMDEN NETBALL CLUB**

## **History:**

PHOS Camden Netball Club commenced in the summer of 1999/2000 being formed by Debbie Williams due to her love and passion for netball. Debbie's philosophy is that everyone deserves a chance to play a sport. Everyone needs to be given an opportunity at sportsmanship and teamwork along with enjoyment. We continue with this philosophy today.

## **Committee**

PHOS Camden Netball Club is managed by a committee comprising:

*President*

*Secretary*

*Treasurer*

*Umpire Co-coordinator*

*General Committee Members*

**A list of current committee members is posted on the notice board in the Clubhouse.**

**New Committee Members are encouraged and welcome**

## **Child Safe Policy Statement**

PHOS Camden Netball Club is committed to the safety and wellbeing of all players who access the services provided by the club.

We support the rights of the child and will at all times act to ensure that a child safe environment is maintained when players are attending our netball courts.

We support the rights and well being of our coaches, umpires, officials and volunteers and encourage their active participation in building and maintaining a secure environment for all participants.

Where required by legislation, volunteers are required to have the appropriate Police Check.

For any issues relating to child safety at the club, help and advice can be sought by players, parents and caregivers, from the President, Secretary or any committee member of PHOS Camden Netball Club.

## **Club Policies**

To promote and encourage the sport of netball in the community.

To encourage sportsmanship and trust between players and coaches.

To encourage activity and fitness and the development of netball skills.

To welcome players to our Club irrespective of their netball skill or ability.

To provide a welcoming and friendly sporting environment for parents and players.

To comply with the Club's rules and codes of behaviour.

To display teamwork, team spirit and a culture of fair play within our club and towards all clubs in the association.

Under the terms of our licensing agreement with the City of West Torrens, no alcohol is to be consumed at the premises during PHOS training or matches.

The PHOS Camden Netball Club is a smoke free environment.

# **GENERAL INFORMATION**

## **Fees**

Fees are set at the beginning of each netball season by the Committee. Fees are required to be paid at the time of nomination or by not later than the commencement of first match in any season. In the event that fees remain outstanding beyond that time, it is at the discretion of the Committee whether such player/s can play in a team until such time as outstanding fees are paid.

If a player elects not to play for PHOS prior to the commencement of the season, a \$20 non-refundable deposit will be retained by the club, and the balance refunded to the player.

If a player ceases to play for PHOS of their own choosing no fees will be refunded except where the player ceases to complete the season due to an injury. A pro-rata refund of fees may be paid to the player in this event at the discretion of the committee and assessed on a case by case basis. The \$20 non-refundable deposit will be retained, with a pro-rata on the balance of fees remitted.

## **Jewellery**

Players shall not wear adornments (jewellery, earrings, body jewellery, studs, bobbles, braided beads, combs or other accessories) whether taped or not. A wedding ring may be worn, but only if it is taped. A "medic alert" bracelet may be worn with prior permission from the Club and the Association, and be covered with a sweatband with the words 'medic alert' clearly printed on it.

## **Hair and Nails**

Hair needs to be tied up and held back from the face. Nails must not be above the end of your finger tip. Umpires shall ensure that each player has short and smooth fingernails before each player is allowed to play. No player shall play with long or sharp nails.

## **Uniforms**

Players are required to play in the correct club uniform. This includes club shirt and royal blue skirt, royal blue soccer shorts (boys only), black or royal blue sports briefs (*age groups 8s & 9s*), club dress and matching knickers (*age groups 11s and upwards*). All players are required to wear PHOS club socks. Royal blue windcheaters are registered as part of the playing uniform and can be worn under the playing shirt.

## **Medication**

Medication of any description is not allowed to be given by the Manager or the Coach or any other member of the club (other than the parent/caregiver of the player)

## **First Aid**

If basic first aid is required, coaches are provided with kits at the beginning of each season. If in doubt about the severity of an injury, the player should be taken by their parent/caregiver to see a medical practitioner, or an ambulance called.

## **Injuries**

When a player is injured, an Accident Report form is to be filled out by the Coach and submitted to the Club Secretary as soon as possible after the incident. It is up to the player or parent to seek medical advice. Depending on the extent of the injury, a clearance letter from a doctor may be required before the player can resume playing. This letter will be placed with the Club Accident Form.

The Club purchases player insurance via SAUCNA for the benefit of players who are injured and need to seek reimbursement of medical/hospital expenses. All claims are to be made via the PHOS Club Secretary.

## **Carnivals**

A netball carnival is usually held in the July school holidays. We encourage players to participate. There is a minimal cost to cover payments to umpires and team registration expenses. More information is provided nearer to the event.

Trials for the CANA National netball competition is held annually. We encourage eligible players (11s and upwards) to trial for this event, which is held either in Adelaide or interstate.

## **Canteen/BBQ - Winter Home matches**

A Canteen and BBQ is operated during the winter season on a weekly basis at home games. Proceeds from the canteen and BBQ are used for payment of our umpires, equipment and any other club related needs as may from time to time be identified by the Committee. Teams are rostered each week to assist with the BBQ in each of the time slots. The Club appreciates the assistance of parents each week.

## **Fundraising**

Other fundraising initiatives may be selected by the committee to assist with the Club's running expenses, purchase of new equipment or player subsidies. Your support of any fund raising activities throughout the season is greatly appreciated.

## **Court Set up and Pack Up**

As members of the PHOS Camden Netball Club, where possible both parents and players are encouraged to assist with the set up and pack up of the courts on training nights and home matches.



## **Complaints**

We take complaints seriously. Please approach the President, Secretary any Committee member or submit the matter in writing so that the matter can be dealt with discreetly and appropriately and as soon as possible.

## **Coaching and Umpiring Clinics**

Opportunities to attend coaching and umpire clinics are available for parents/players from time to time. Information on these clinics are distributed prior to the dates designated.

### ***Orange Band Umpire Programme***

A programme to support and develop new and inexperienced umpires. The objective is for people to identify these umpires as "learners". Enquiries about the programme can be made to the President, Secretary or Umpire Co-ordinator of the Club.

Coaches and umpires are always in short supply, not only for our Club but across the association.

Coaches are rebated a proportion of netball fees, and our umpires are remunerated per match.

***If we cannot find sufficient coaches and umpires for our number of teams before the commencement of the season, we may need to turn away players and reduce the number of teams. This would be regrettable.***

Help is always needed in these two critical areas (particularly umpiring).

## **Player Nomination/Medical Forms**

Players are required to complete a new nomination/medical form at the commencement of each netball season, and to advise the Club Secretary of any changes to details during the season. A copy of the nomination/medical form is provided to each coach and retained in their coaching bag so that they are aware of any medical conditions/limitations of the players in their respective teams.

Players are also required to complete an SAUCNA Registration form at the beginning of each season (to be signed by each player at the first match of the season.) This form is retained by SAUCNA to keep a record of all registered players for the season.

Fill in players during the course of the season are required to complete an individual SAUCNA registration form. Coaches will arrange for this form when needed.

*Players who submit late nomination/medical forms after the designated nomination night/s will only be selected for a team if there is a vacancy available in a particular team. This may mean that a player may be included in a division either above or below their skill level.*

## **Team Selection**

Trials for team selection are conducted prior to the winter season. No trials are held for team selection during summer season.

Teams are selected at the commencement of the season by the Team Selection sub-committee, including input from current coaches.

The Club's philosophy in choosing a team is to first take into account the age group of the player as well as the positions in which each player is best suited for individual teams.

We try to match players with teams according to their experience and their ability to cope in the grading of the team, and not lead to them to feel discouraged.

If a player displays the ability in a particular position then we will consider them to play in higher grades if possible. The Club will do everything possible to encourage players if an opportunity arises.

We try to satisfy player and parent expectations, but our Club's aim is to field the *best teams we can for the good of not only the players and their skill development, but also for the continued success and growth of our club*. We make an effort to accommodate particular needs of players and parents (e.g. transport, friendships), but this is not guaranteed.

Coaches requests to keep teams together will be considered but not guaranteed, as all players need to be given equal opportunity to play in a team suitable to their need/skill level.

We try not to deny players the opportunity to play with our club, but in certain circumstances, we may have to make such a decision on the grounds of:

- we have insufficient players in an age group to form a team
- we have an excess of players in one team but insufficient to form an additional team in an age group
- we have insufficient coaches
- we have insufficient umpires

Our Club is continually growing, and in a club the size that PHOS has become we are not able to satisfy the preferences of everyone.

Any queries from players or parents about team selection/inclusion should be directed to a member of the team selection sub-committee, the Club President or Secretary.

## **Grading and Re-Grading**

The Club tries to select the grade appropriate for the level of skill in each of our teams for winter and summer seasons. We can make a recommendation for a grade based on the information on each team. SAUCNA ultimately decide on the grade depending on the number of clubs/teams and age groups seeking affiliation. It is not an exact science, and some teams may find themselves in a division that may not be entirely suited to their players' skill level. This is unavoidable.

Teams are re-graded after the first five (5) matches of each season. This does not mean that a team will be re-graded either up or down according to their wishes, but as a club we do where warranted make representations to SAUCNA about specific teams. This does not mean that following the re-grading process our wishes are always granted.

## **Training and Matches**

Training is held on Monday nights at times set at the beginning of the season, or at other times or nights that may from time to time be arranged during the season.

### ***Training***

- *Winter Season*

If it is raining one (1) hour before the scheduled training time, there may be no training. Your coach will advise if training is cancelled. *If unsure however, please contact your coach.*

- *Summer Season*

If the temperature is 34 degrees or above at the time of training, there will be no training. Your coach will confirm if training is cancelled. *If unsure, please contact your coach.*

- *Training Times*

Training is done on Monday nights. Training times may vary depending on the availability of the coach, but in principal times will be:

8s and 9s - 4.15pm to 5pm

11s & 13s - 5pm to 6pm

All other Ages - 6pm to 7pm/7.30pm

### *Inability to Attend Training*

All players are required to notify their coach if they are not able to attend training. Failure to notify the coach of their non-attendance at training may result in time off the court during the match. This will be at the discretion of the coach.

### *Matches*

Please arrive to any game **30 minutes before the game is due to commence** for warm up and receive any game instructions from the coach.

- *Winter Season*

Games are played on a home and away basis. Games are generally not cancelled due to rain.

- *Summer Season*

Games are played on Wednesday or Friday nights (depending on age groups) at the Association Courts on Cnr Anzac Highway and Goodwood Road. Matches are cancelled if the temperature is 36 degrees or more at 5pm according to the 5pm news on the nominated Radio Station in the season Programme Book. **Please check with the coaches first.**

### ***Inability to Attend Matches***

If you know that you are not able to play in a particular match, please let your coach know in advance. If you know that you will be absent from some matches during the season (e.g. holidays, school functions, other sporting pursuits etc), please be courteous and let your coach know in advance. This enables the coach to pre-plan substitutions.

If you cannot play on match day due to illness, let your coach know as soon as possible, as substitutes may need to be found quickly.

Absences without notification to the coach in a may result in time off the court. This will be at the discretion of the coach.

***Remember that being part of a team is a commitment. It is disruptive for a coach and other team members if players are unavailable regularly or don't turn up to training without prior notice.***

### **Finals**

Subject to each player's participation during the season, coaches will try to give each player fair time on court during the minor rounds.

During finals it is at the *individual coach's discretion* as to a player's time on court. We put our best teams forward for finals, which means that some players may not receive equal court time, but all players in the team will have some time on court during a final. All team members contribute to the team getting into finals, even if they do not receive equal court time during a final.

Remember this is a **team** sport and is not all about an individual

A player's inclusion in a finals game can also depend on:

- i. attendance and participation at training
- ii. attitude throughout the minor rounds
- iii. participation during minor rounds

*Fill-in players are not to be used ahead of permanent team players during finals. If there is a shortage of players and/or reserves are needed, they can be sought from players from another team from an eligible age group who has not made the finals. A non-financial fill-in player can be asked to be a reserve at a game and used in the event of injury only. **Reserves other than from their own team are not to be used at the exclusion of the permanent team members.***

## **Captain's Duties**

Some teams nominate a different captain each week, and in older teams, a captain is selected at the commencement of the playing season.

For any captain appointed to lead their team, please abide by the following:

1. Set a good example for your teammates by always:
  - i. Supporting and carrying out directions given by your coach
  - ii. Adopting a pleasant attitude
  - iii. Playing fair
  - iv. Trying your hardest
2. Encourage all teammates during the match or the season, even if your team is losing. Always encourage them to do their best, no matter what the score.
3. Flip the coin or call for the choice of centre pass or goal end.
4. It is the captain's responsibility to approach an umpire should clarification of a netball rule be required.
5. Sign the scorecard after the match.
6. Thank the umpire/s and your opposition after the match.



## Code of Conduct – Players

1. Play by the rules.
2. **Do not** argue with the umpire's decision.
3. Do your personal best and encourage your team mates to do the same.
4. Your captain may ask any necessary questions of the umpires at the appropriate times.
5. Control your temper. Verbal abuse of officials or other players, deliberately contacting or provoking an opponent, and the misuse of equipment is not acceptable or permitted.
6. Work equally hard for yourself and your team. Your team's performance will benefit, so will you.
7. Be a good sport. Cheer all good play, whether it is your team or the opposition.
8. Co-operate with and respect your coach, teammates, opponents and officials.
9. At all times conduct yourself in a manner expected by your club, and act in a fair and sporting manner both on and off the court.
10. Players must call time for injury or illness or blood rule.
11. At the end of every match, congratulate the opposing team, irrespective of the outcome.

## **Code of Conduct – PHOS Officials and Volunteers**

Treat everyone with respect and honesty (including umpires, volunteers, children, young adults, parents and caregivers)

Be a positive role model to children in all your conduct with them.

1. Set clear boundaries about appropriate behaviour between yourself and the players in the club to enable all to carry out their roles.
2. Follow PHOS Club policies and guidelines for the safety of children as outlined in the PHOS Child Safe Policy.
3. If conducting one on one coaching, always have another adult present in sight.
4. Raise any concerns, problems or issues with the Committee as soon as possible.
5. Abuse of umpires, coaches, players, parents or any other officials will not be tolerated.

## **Code of Conduct – Parents/Spectators**

**PHOS Camden Netball Club have enjoyed a good reputation in the association of being good sports towards umpires, club officials and players, a reputation that we are proud of. It is important for all club parents and spectators to set an example not only for their own children, but also in the presence of opposing teams.**

**Remember that children learn by example.**

1. Encourage children to participate, do not force them.
2. Focus on the child's efforts and performance rather than winning or losing.
3. Encourage children to always play according to the rules and to settle disagreements without resorting to hostility or violence.
4. Appreciate good performance and skilful play by all participants.
5. Verbal or physical abuse of umpires, coaches, players, opposing parents or any other officials will not be tolerated.
6. Respect the umpire decisions and teach your children to do likewise.
7. Show appreciation for the efforts of the players, whether it is our team or the opposition, irrespective of the outcome.
8. Respect the rights, dignity and worth of every person regardless of their gender, ability, appearance, cultural background or religion.

9. Spectators are not allowed to give **ANY** instructions to a player on the court, only the coach is able to direct a player. Spectators are allowed to say "well done" or "good pass" and encourage. This applies to all age groups.
10. Do not criticize any umpire, team official, player from either team or opposing spectators *either directly or in conversation*.
11. No parent/spectator is to approach an umpire requesting that they 'observe' behaviour of any player on court, nor to question any umpire ruling.

Unacceptable behaviour by parents/spectators/coaches or players is taken seriously by our Club and by SAUCNA. Approaches are not to be made directly to anyone suspected of unacceptable behaviour but are to be directed to the President or Secretary of PHOS as soon as possible following the match in question. PHOS will take up the matter with the relevant parties following the complaints process laid down by the Association.